

HEAD START SCHOOL READINESS THROUGH FAMILY ENGAGEMENT

Head Start Staff: _____

Name of Center/Home Based: _____

Child's Name: _____

Western Dairyland Head Start is a federally funded program. For every \$1 of Federal funds received, Western Dairyland has to generate \$0.25 in non-federal match, or In-Kind. In-Kind contributions can be donations of volunteer time/services, space or materials that directly benefit the program. For every hour you spend volunteering, you generate \$17.75 in In-Kind for our program.

<p>* Dad can refer to any significant male role model in your child's life, such as an uncle, grandpa, stepfather, etc.</p>	<h2 style="text-align: center;">SEPTEMBER 2019</h2> <p style="text-align: center;"><i>Please remember you do not need to do all of the activities listed. Do what works for your family.</i></p>		<p>Teaching Strategies Gold Objectives</p> <ol style="list-style-type: none"> 1. Social-Emotional 2 Physical 3. Language 4. Cognitive 	<ol style="list-style-type: none"> 5. Literacy 6 Mathematics 7.Science 8. Social Studies 9 The Arts 	<p>These activities are an extension of our Head Start curriculum goals and objectives for school readiness. Please write how much time you spend with your child on each activity. At the end of the month, sign and date the form and return it to our program.</p>	
<p>Let your child help set the table. Talk about how each person gets one plate, cup etc. TSG 6</p> <p>_____</p> <p>Min</p>	<p>Make paper airplanes with your *dad and practice throwing them at a target. TSG 1,2</p> <p>_____</p> <p>Min</p>	<p>Play I-spy using various colors as clues. TSG 3</p> <p>_____</p> <p>Min</p>	<p>Act out a situation where you and your child use the words "thank you" and "please". TSG 1</p> <p>_____</p> <p>Min</p>	<p>Tell your child a story about when you were a child. TSG 1</p> <p>_____</p> <p>Min</p>	<p>Shake your body! With your child, dance to your favorite music. TSG 2,9</p> <p>_____</p> <p>Min</p>	<p>Find and count all of the squares in one of the rooms in your house. TSG 6</p> <p>_____</p> <p>Min</p>
<p>Ask your child questions about their day. What did they play with? TSG 1</p> <p>_____</p> <p>Min</p>	<p>Count to five—count to five on fingers—count five objects. TSG 6</p> <p>_____</p> <p>Min</p>	<p>Spread washcloths around the room and jump from one to the other. TSG 2</p> <p>_____</p> <p>Min</p>	<p>Read a story to your child. Discuss what happened in the story. TSG 5</p> <p>_____</p> <p>Min</p>	<p>With your *dad, staple two paper plates together to make a flying saucer. Throw it back and forth. TSG 1,2</p> <p>_____</p> <p>Min</p>	<p>Practice brushing teeth well—Ask why is brushing important? TSG 2</p> <p>_____</p> <p>Min</p>	<p>Use your visual schedule to teach about your morning routine. TSG 1,6</p> <p>_____</p> <p>Min</p>
<p>Talk about your child's day - what was their favorite thing to do? TSG 1</p> <p>_____</p> <p>Min</p>	<p>Play Duck Duck Goose or Ring Around the Rosie. TSG 2</p> <p>_____</p> <p>Min</p>	<p>Go for a walk with your *dad—look for signs of fall. TSG 7</p> <p>_____</p> <p>Min</p>	<p>Read your child's favorite bedtime story. TSG 5</p> <p>_____</p> <p>Min</p>	<p>Pretend to be a robot and walk through your house, keeping your body stiff and straight. TSG 2</p> <p>_____</p> <p>Min</p>	<p>Look for shapes in your kitchen. Which shapes do you see? TSG 6</p> <p>_____</p> <p>Min</p>	<p>Sing ABC song with your child—practice writing letters in his/her name. TSG 5</p> <p>_____</p> <p>Min</p>
<p>Count up and down the steps with *dad. TSG 6</p> <p>_____</p> <p>Min</p>	<p>Enjoy a meal together and talk about what you are eating. TSG 1,3</p> <p>_____</p> <p>Min</p>	<p>Ask your child to name a friend. Draw a picture for that friend. TSG 1</p> <p>_____</p> <p>Min</p>	<p>Listen to music – dance, march, and move to the music. TSG 2</p> <p>_____</p> <p>Min</p>	<p>Use your visual schedule to teach about your bedtime routine. TSG 1,6</p> <p>_____</p> <p>Min</p>	<p>Read your child's favorite bedtime story. TSG 5</p> <p>_____</p> <p>Min</p>	<p>Go back and do your favorite activity from the month! TSG 1-9</p> <p>_____</p> <p>Min</p>

PARENT'S SIGNATURE: _____ **DATE:** _____